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# **TECHNICAL GUIDE | GUIDE TECHNIQUE**

# **2019 COUPE CANADA CUP**



# Bear Mountain Resort. Victoria, BC

Canada Cup XCO #1 | March 30, 2019

UCI C1 & UCI Junior Series

# Presented by:

Ecoasis, Bear Mountain Resort & Cycling Canada
In partnership with the City of Langford and Tourism Victoria























Hosted in partnership between the City of Langford, Tourism Victoria, Cycling Canada, Cycling BC and Bear Mountain resort, the 2019 Bear Mountain Canada Cup XC powered by Powerade is sanctioned by the International Cycling Union.

The Canada Cup series is designed to provide competitive opportunities to the next generation of cyclists, transitioning from provincial race series to international competitions.

"This is a great course and the perfect start to the season for everyone. Beautiful singletrack, fast flow trails, challenging climbs in the woods and wide-open sections where you can ride full gas. It's a course that will be enjoyable for all skill and fitness levels"

- Dan Proulx, Canadian National MTB Team Head Coach

### Organizer

Organizer/Organisateur:	Russ Hays Racing Cycle Club Society	
Address/Adresse: 650 Hillside Ave., Victoria BC, V8T 1Z2		
Name/Nom:	Jon Watkin	
Telephone/Téléphone: 250-415-3246		
Email:	info@victoriabikerace.com	
Website/Site Web:	https://www.victoriabikerace.com/bear-mountain	

### **Event Rules**

UCI Regulations and CC specific regulations will be enforced for all Categories.

Valid UCI international licenses are required for all Canada Cup categories. Holders of UCI international licenses that do not bear a photograph will be required to present an approved and valid government photo ID in addition to their UCI license.













# **Points & Prizing**



Canada Cup Series points will be awarded as outlined in the table below as outlined in the <u>current UCI regulations</u> and <u>UCI Financial Obligations</u>. See the below table outlining UCI points and minimum prize money for all UCI categories:

# Canada Cup Points Table

Elite/U23			Junior		U17		
Elite/U23		JU			01/		
PLACE	200 POINT SCALE	PLACE	200 POINT SCALE	PLACE	100 POINT SCALE	PLACE	100 POINT SCALE
1	200	41	35	1	100	1	100
2	175	42	34	2	85	2	85
3	155	43	33	3	70	3	70
4	140	44	32	4	60	4	60
5	130	45	31	5	50	5	50
6	120	46	30	6	45	6	45
7	115	47	29	7	40	7	40
8	110	48	28	8	37	8	37
9	105	49	27	9	34	9	34
10	100	50	26	10	32	10	32
11	95	51	25	11	30	11	30
12	90	52	24	12	29	12	29
13	85	53	23	13	28	13	28
14	80	54	22	14	27	14	27
15	75	55	21	15	26	15	26
16	71	56	20	16	25	16	25
17	69	57	19	17	24	17	24
18	66	58	18	18	23	18	23
19	64	59	17	19	22	19	22
20	62	60	16	20	21	20	21
21	60	61	15	21	20	21	20
22	58	62	14	22	19	22	19
23	56	63	13	23	18	23	18
24	54	64	12	24	17	24	17
25	52	65	11	25	16	25	16
26	50	66	10	26	15	26	15
27	49	67	9	27	14	27	14
28	48	68	8	28	13	28	13
29	47	69	7	29	12	29	12
30	46	70	6	30	11	30	11
31	45	71	5	31	10	31	10
32	44	72	4	32	9	32	9
33	43	73	3	33	8	33	8
34	42	74	2	34	7	34	7
35	41	75	1	35	6	35	6
36	40			36	5	36	5
37	39			37	4	37	4
38	38			38	3	38	3
39	37			39	2	39	2
40	36			40	1	40	1















# UCI points and prize money will be awarded to U23/Elite and Junior Men & Women



UCI C1 Elite/U23 M/H & W/F UCI C1 Junio		unior Series M/	nior Series M/H & W/F		
PLACE	UCI POINTS	MIN. UCI PRIZE PURSE	PLACE	UCI POINTS	MIN. UCI PRIZE PURSE
1	60	\$917.16	1	90	\$198.72
2	40	\$764.30	2	70	\$152.86
3	30	\$611.44	3	60	\$122.29
4	25	\$458.58	4	50	\$99.36
5	20	\$382.15	5	40	\$84.07
6	18	\$305.72	6	35	\$68.79
7	16	\$229.29	7	30	\$61.14
8	14	\$191.08	8	27	\$45.86
9	12	\$152.86	9	24	\$38.22
10	10	\$76.43	10	22	\$30.57
11	8	-	11	20	-
12	6	-	12	18	-
13	4	1	13	16	-
14	2	-	14	14	-
15	1	-	15	12	-
			16	10	-
			17	9	-
			18	8	-
			19	7	-
			20	6	-
			21	5	-
			22	4	-
			23	3	-
			24	2	-
			25	1	-















# Registration/Fees

EVENT HEAD OFFICE LOCATION — The Hub Cycling Center located at the North Langford Recreation center located beside the Westin Bear Mountain Resort. Address: 1997 Country Club Way, Victoria, BC

Online Registration	Link: https://www.victoriabikerace.com/registration-details
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### Regular registration fees

Online until Wednesday March 27<sup>th</sup> @ 11:55pm (Online registrations are subject to a transaction fee)

Late registration fees (Cash only)

There will be no day-of registrations for Junior and U23/Elite (Canada Cup) categories. Onsite registration will close at the very latest 2 days before race day. Past that deadline, a fine of \$50 CDN will be charged by Cycling Canada on top of the registration fee.

All other riders who wish to register on-site up to the evening before will be charged a late fee of 15\$ in addition to the regular registration fee.

\*Not including one-day event license fee for unlicensed riders \*\* XC Short Track is not a UCI or a Canada Cup event

Category	Registration Fee* Until March 27 (CDN)	Onsite Registration Fee* (CDN)
Saturday March 30, 2019 UCI Canada Cup		
UCI C1 XCO Long - UCI C1 Elite M/W	\$65.00	N/A
UCI C1 XCO Long - UCI C1 Junior Expert M/W	\$55.00	N/A
Canada Cup XCO Long - U17 Expert M/W	\$35.00	N/A
Saturday March 30, 2019 Bear Mountain Challenge Races		
Bear Mountain Challenge Masters M/W	\$55.00	\$65.00
Bear Mountain Challenge (19-29)	\$35.00	\$45.00
Bear Mountain Challenge U13/U15/U17	\$25.00	N/A
Sunday March 31, 2019		
BC Cup XC Short Track – Expert Adult / U23 Men	\$45.00	\$45.00
BC Cup XC Short Track – Expert Adult / U23 Women	\$45.00	\$45.00
BC Cup XC Short Track – Masters 40-54 / 55+ Men	\$35.00	\$45.00
BC Cup XC Short Track – Intermediate Adult / U17 Men	\$35.00	\$45.00
BC Cup XC Short Track – Intermediate Adult / U17 / 40+ Women	\$35.00	\$45.00
BC Cup XC Short Track – Beginner Adult / U13 / U15 Men	\$20.00	\$20.00















BC Cup XC Short Track – Beginner Adult / U13 / U15 Men	\$20.00	\$20.00
Oak Bay Bikes Kids Bike Day – Kids ages 6-11 Years Old	Free	Free

### **Pre-registration**

For regular registration fees please register online (link above) before March 27, 11:55pm.

## Licensing

- All riders must have a valid UCI Racing license to compete in the UCI C1 Canada Cup.
- Riders racing in the Challenge categories may use a Provincial Race license.
- For categories not included in the UCI Canada Cup, riders in the challenge category can obtain a one-day event license.
- One-day event license fees are as follows: -
  - \$5.00 Junior/Senior/Masters categories –
  - o \$5.00 U17/U15/U13 & Youth Categories

All participants attending from out-of-country must possess a valid UCI license from their country of residence. Single Event Licenses will not be sold to out-of-country participants.

# **Race Categories**

See below the full category listing. All categories refer to the rider's age as of December 31, 2019.

RACE SCHEDULE - MARCH 30	Approx race Duration
UCI CANADA CUP CATEGORIES -XCO 6KM LONG CO	DURSE
Elite Men	1h20 – 1h40
Elite Women	1h20 – 1h40
Junior (17-18) Expert Men	1h00 – 1h15
Junior (17-18) Expert Women	1h00 – 1h15
U17 (15-16) Expert Men (Canada Cup)	0h45 - 1h00
U17 (15-16) Expert Women (Canada Cup)	0h45 - 1h00
BEAR MOUNTAIN CHALLENGE CATEGORIES	
Senior (19-29) Amateur Men	1h00 – 1h30
Senior (19-29) Amateur Women	1h00 - 1h30
U19 (17-18) Amateur Men	1h00 – 1h15
U19 (17-18) Amateur Women	1h00 – 1h15
U17 (15-16) Amateur Men	0h45 – 1h15
U17 (15-16) Amateur Women	0h45 – 1h00















U15 (13-14) Men	0h30 – 0h55
U15 (13-14) Women	0h30 – 0h55
U13 (11-12) Men	0h25 – 0h45
U13 (11-12) Women	0h25 – 0h45
Master 30-39 Men	1h00 – 1h30
Master 30-39 Women	1h00 – 1h30
Master 40-49 Men	1h00 – 1h30
Master 40-49 Women	1h00 – 1h30
Master 50+ Men	1h00 – 1h15
Master 50+ Women	1h00 – 1h15

#### Notes:

- All challenge categories follow current BC Cup Series category offerings with the addition of 50+ Men and Senior Amateur categories.
- "Youth Categories" will have on-site registration as well. We want to make it as easy as possible for them to come out and race.
- In youth categories, the boys & girls will race together

#### **UCI Junior Series Category**

Please see the below entry criteria for the UCI Junior Series event, as mandated by the UCI.

#### Canadian-Licensed riders

Riders who possess a license issued in Canada will need to meet the following criteria:

• Must hold a UCI Junior License, with the "Expert" ability designation

#### **Non-Canadian Licensed riders**

Riders licensed outside of Canada will need to meet the following criteria, as mandated by the UCI:

- Must hold a UCI Junior License
- Must have at least 20 UCI points in the latest UCI XCO individual junior ranking, or;
- Must have been entered by their National Federation (maximum of 5 supplementary riders per category. Uniform for these riders is at the discretion of the national federation)
- Riders belonging to a UCI elite MTB team or a UCI MTB team Supplementary rider entry form (to be submitted by the National Federation) can be found here.













# **Official Training Periods**



The course will be open to racers only during designated official Training times.

Date	хсо
Thursday March 28 <sup>th</sup>	14h00 – 19h00
Friday March 29 <sup>th</sup>	09h00 – 19h00
Saturday March 30st	07h00 - 08h15*
Sunday March 31st	07h00 - 08h15

<sup>\*</sup>Saturday training between race starts will be available at the discretion of the Chief Commissaire.

# **Complete Weekend Schedule**

# **Daily Event Schedule**

Wednesday Marc	Wednesday March 27 <sup>th</sup>			
09h00 – 17h00	Course marked for pre-riding (unofficial training)			
Thursday March	28 <sup>th</sup>			
09h00 - 12h00	Course inspection by Cycling Canada Technical Delegate and Chief Commissaire			
14h00 – 19h00	Race Office Open for on-site Package Pickup only			
14h00 – 19h00	Course Open for Official Training			
Friday March 29 <sup>t</sup>	h			
09h00 - 17h00	Race Office Open			
09h00 – 17h00	On-site Registration and Package Pickup			
09h00 – 19h00	Course Open for Official Training			
17h00	Team Managers/Rider Meeting			
Saturday March 30 <sup>st</sup> - UCI C1 Canada Cup XCO – 6km Long Course				
07h00 – 17h30	Race Office open			















07h00 - 08h30	Registration Office open			
07h00 - 08h15	Course Open for Official Practice (training between race starts at discretion of Chief Commissaire)			
08h30	Racing – Canada Cup			
Sunday March 31	Sunday March 31 <sup>st</sup> - Short Track XC Race (Non UCI race)			
07h00 – 17h30	Race Office open			
07h00 - 08h30	Registration Office open			
07h00 - 08h15	Course Open for Official Practice (training between race starts at discretion of Chief Commissaire)			
08h30	Racing – Short Track XC Race (non UCI race)			

# **Start Area/Rider Call-ups:**

The start line for the elite cross-country is located within the venue. All categories will be staged approximately fifteen minutes prior to start time. Staging will be based on newest available UCI ranking and then by the Canada Cup Ranking.

## Rider Call-up

# U17 (Canada Cup)

- 1. Top 16 of the 2018 Canada Cup ranking
- 2. Random order

## Junior (UCI)

- 1. All riders on the current UCI ranking
- 2. Top 16 of the 2018 Canada Cup ranking
- 3. Random order

# U23/Elite W/F & U23/Elite M/H

- 1. All riders on the current UCI ranking
- 2. All riders on the 2018 Canada Cup ranking
- 3. Random order















# Elite Athlete/Team Managers Meeting:

When: Friday March 29th @ 17h00

Where: Westin Bear Mountain Resort, 1999 Country Club Way (Meeting Room TBA)

# **Event Officials**

Organizer/Organisateur	Russ Hays Racing CC Society	ВС
Technical Delegate/Délégué Technique	Josh Peacock	ON
Chief Commissaire/Commissaire en Chef	Justin Evans	US
Asst. Chief Commissaire	TBD	
Secretary/Secrétaire	TBD	
Member/Membre	TBD	
Member/Membre (PSO)	Cory Ostertag	

# UCI C1 Canada Cup XCO Race Schedule - March 30

Laps and Race Distances to be confirmed by the UCI Chief Commissaire during course inspection on March 28<sup>th</sup>. Details to be provided during the Team/Rider Meeting on March 29<sup>th</sup>.

Category	March 30 Start Time
START 1	
Bear Mountain Challenge U19 (17-18) Amateur Men	8:30am
Bear Mountain Challenge U17 (15-16) Men	8:31am
Bear Mountain Challenge U19 (17-18) Amateur Women	8:32am
Bear Mountain Challenge U17 (15-16) Women	8:33am
Bear Mountain Challenge U15 (13-14) Men	8:34am
Bear Mountain Challenge U13 (11-12) Men	8:35am
Bear Mountain Challenge U15 (13-14) Women	8:36am
Bear Mountain Challenge U13 (11-12) Women	8:37am
Awards	10:00 am















START 2	
Canada Cup U17 Expert Men	10:30am
Bear Mountain Challenge Senior Amateur 19-29 Men	10:30am
Bear Mountain Challenge Master 30-39 Men	10:32am
Bear Mountain Challenge Master 40-49 Men	10:34am
Bear Mountain Challenge Master 50+ Men	10:36am
Canada Cup U17 Expert Women	10:38am
Bear Mountain Challenge Senior Amateur 19-29 Women	10:38am
Bear Mountain Challenge Master 30-39 Women	10:38am
Bear Mountain Challenge Master 40-49 Women	10:38am
Bear Mountain Challenge Master 50+ Women	10:38am
Awards	12:45pm

START 3	
UCI C1 Canada Cup Elite Women	12:30pm
UCI C1 Canada Cup Junior Expert Women	12:32pm
Awards	4:30pm

START 4	
UCI C1 Canada Cup Elite Men	2:30pm
UCI C1 Canada Cup Junior Expert Men	2:32pm
Awards	4:30pm

# Russ Hay's BC Cup XC Short Track Race Schedule - March 31

This event will <u>be part of the BC Cup Series</u> and follow the format of familiar grass roots racing where racers will self-seed in Beginner, Intermediate, or Expert Category racers. Note the integration of certain age groups has been pre-determined.

• Beginner / U13 / U15 Men/Women: This category is for someone who is new to Mountain Bike Racing and is just getting their feet wet. U13 and U15 will be included in the race group but be ranked separately. .















- Intermediate / U17 Men: This category is for the racer who has some experience, maybe a weekend warrior, but not quite ready to compete with the Experts. There is an age limit of 1539 years old. U17 will be included in the race group but be ranked separately.
- Intermediate / U17 / 40+ Women: This category is for the racer who has some experience, maybe a weekend warrior, but not quite ready to compete with the Experts. U17 and 40+ will be included in the race group but be ranked separately.
- **Team Relay: (4 Laps)** Consists of a team of 4 (Can be mixed), each rider does one lap of the race, and then tags off to the next racer until all 4 team members have each completed one lap.
- Masters Men 30 39: This is the category for Men aged 30-39 years old as of March 31, 2019
- Masters Men 40 49: This is the category for Men aged 40-49 years old as of March 31, 2019
- Masters Men 50+: This is the category for Men 55 and older.
- **Elite Men / Women:** Fastest race category, with the possibility of racing against elite or pro racers....and maybe the odd Olympian. This is the next step up from the Intermediate category. Top U23 and Junior racers will be ranked separately
- OBB Westshore Kids Bike Day: A short race on a modified course at the Start/Finish area for Kids under
   11. Kids will be divided into age groups and led by a group leader to learn new skills and to test their abilities on a fun obstacle course

Category	March 31 Start Time
Beginner Adult / U13 / U15 Women	8:30 AM
Beginner Adult / U13 / U15 Men	9:00 AM
Intermediate Adult / U17 / 40+ Women	9:30 AM
Intermediate Adult / U17 Men	10:00 AM
Team Relay	10:30 AM
Masters 40-54 / 55+ Men	11:00 AM
Elite Adult / U23 / Junior - Women	11:30 AM
Elite Adult / U23 / Junior - Men	12:00 PM
Oak Bay Bikes Kids Bike Day Start	1:30 PM
Awards	1:30 PM















## **Travel Notes**

#### Clothing

BC weather can be unpredictable. Athletes and staff should plan for the worst each day and prepare with rain gear and cold weather gear.

### Cell Phones/Data

Cellular rates for both voice and data tend to be a bit higher in Canada than other parts of the world, and roaming charges even more so. It is recommended to turn off your data service and limit calls. Check with your mobile carrier for details regarding your plan.

#### Cash/Credit/Debit

Like most parts of the world, cash is still accepted everywhere. For US visitors, consider changing some money into Canadian dollars for your visit. Credit cards can be hit or miss. Most establishments take all credit cards, but a few require CHIP cards, not swipe cards. These establishments will not accept a swipe card that is traditional in the US. Check before you buy. Debit cards only work if they have been issued by a Canadian bank.

### **Directions**

Many US GPS units do not have very accurate Canadian maps. Check if map updates are available for your GPS. The GPS on smartphones are accurate, but will carry a heavy data charge. Regardless of GPS, please always follow the directions given in this Tech Guide. GPS units do not know where you are to park or what roads the race has closed.















## **Venue Information**

The Westin Bear Mountain Golf Resort & Spa, Victoria

1999 Country Club Way Victoria, BC V9B 6R3



Situated in the foothills of Mount Finlayson with breathtaking views of Victoria's seaside harbour, Bear Mountain Resort offers the best of both worlds: an idyllic 836 acre natural setting located only minutes from the allure of the province's charming capital city. In a spot that only nature could have conceived, Bear Mountain Resort is a rugged and verdant mountainside landscape with vistas of the Olympic Mountain Range, the Strait of Georgia and the Strait of Juan de Fuca. The resort features two world renowned Nicklaus Design golf courses and at the heart of the village, a Westin hotel. Countless visitors have been drawn to Bear Mountain for its superlative golf only to discover the resort's equally stellar accommodations, residential offerings, dining venues and recreational opportunities. www.bearmountain.ca

### http://bearmountain.ca/

✓ Directions by Air: YYJ Victoria International Airport [35km] (CLICK HERE)

The resort can also be reached by sea from the mainland via ferry, as well as by ground via bus transportation. For full information, click <u>here</u>.

#### **Notice to Visitors**

ALL persons, including U.S. citizens, traveling by air between the United States and Canada will require one of the following pieces of identification: a valid passport, an Air NEXUS card, a U.S. Coast Guard Merchant Mariner Document, or an Alien Registration Card.

Visit Tourism British Columbia's website for more key travel information.















## **Parking and Event Head Office**

There will be designated vehicle parking for participants and spectators beside the Ecoasis Corporate Office (See Green area on Map). Vehicles will not be permitted to park in the residential area of Hannington Road (Black Lines) or in the vacant lots across the street from the Bear Mountain Market (Red Area). Bear Mountain Resort Guests will park in the available parking areas in front of the Resort and underground at the Fairway Building. The Cycling Head Office will be at the Hub Cycling Center located in the North Langford Recreation Center Building at 1997 Bear Mountain Parkway. (Located West of the Resort).



## **Race Staging / Finishes**

A medical support vehicle and staff will be available in the staging area at the start approximately one hour before the race start each day. A medical services tent will be located adjacent to the finish line for treatment of athletes immediately after the race finish.









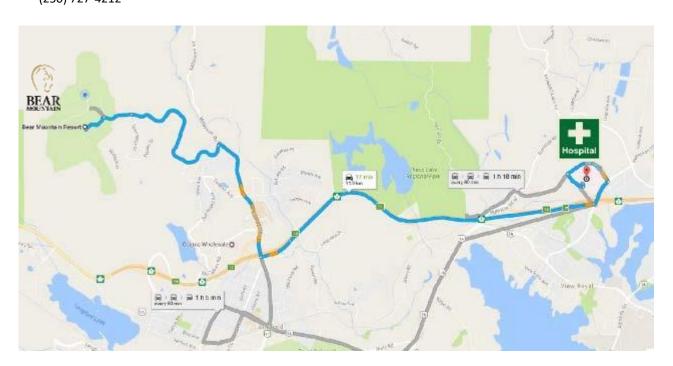






# Victoria General Hospital

1 Hospital Way Victoria, BC (250) 727-4212







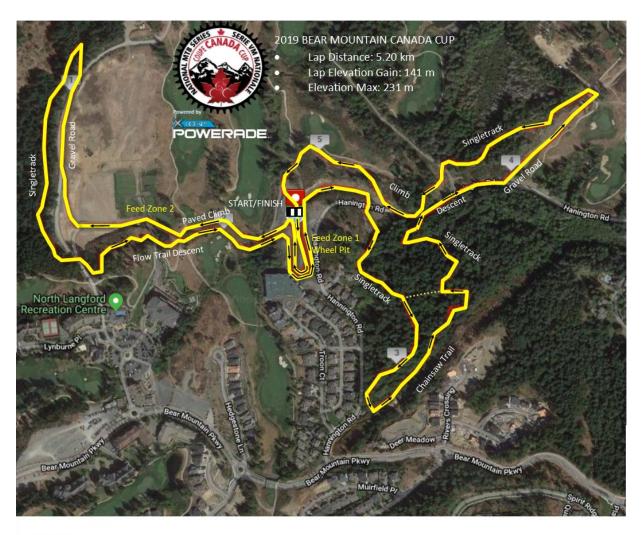


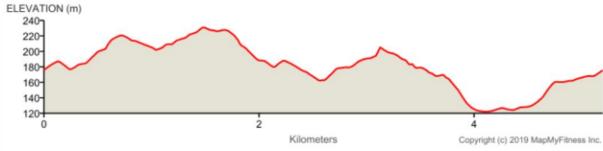
















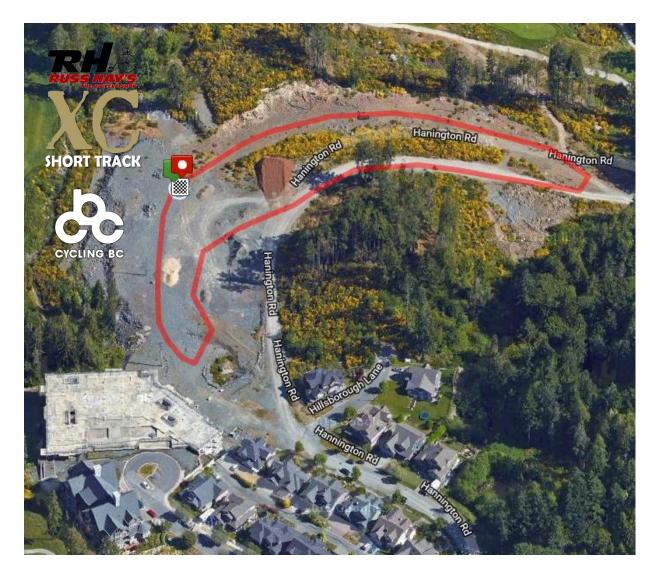


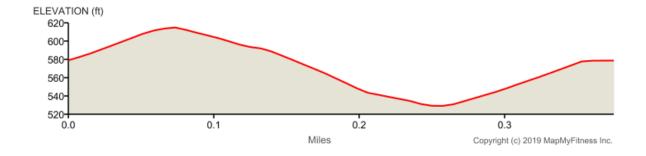


























### Media

The Powerade Canada Cup at Bear Mountain is proud to serve media representatives with a dedicated PR/Media director. This individual promotes the event, host venues, sponsors and teams to all media outlets, from local to provincial. The PR/Media director will help facilitate interviews and coordinate photo opportunities between media representatives and the professional athletes, as well as event organizers and sponsors.

#### **PR Media Contact:**

Jon Watkin

Email: info@victoriabikerace.com

### **Interviews & Official Spokespersons**

The PR team encourages each cycling team to be open to granting interviews with all types of media at a convenient time. Additionally, the press team can assist in arranging interviews with cyclists and teams during the race, if time permits.

### **Photographers and Videographers**

All photographers and videographers hired by the event must wear a media credential, and in some instances an official vest, to avoid confusion with on-site staff. Approved photo credentials may be picked up via contact with the PR Media director.

# **Accommodation**

The Westin Bear Mountain and Fairmount Empress are proud to offer all Canada Cup participants special accommodation during all training and competition.

### **Westin Bear Mountain:**

Contact: kyle.bowman@westinbearmountain.com

















# **Team Information**

A space of 36m² located near the finish line will be provided free of charge to each UCI & Cycling Canada registered trade team. Trade Team spaces must be reserved with the organization prior to the event. Please contact Jon Watkin (info@victoriabikerace.com) to reserve your team's space as early as possible to ensure availability.

All other teams will have access to the open team staging area, located on the driving range adjacent to the Start/Finish area. All teams wishing to host a training camp at Bear Mountain Resort preceding or following the Canada Cup event will have access to preferred rates on accommodation and meal plans. Please contact Kyle Bowman for details at kyle.bowman@westinbearmountain.com.

## **Bear Mountain Cycling Social**

The social event will provide exclusive opportunities to engage and interact with Canada's national team and development level mountain bike athletes who will be in attendance. Attendees will have the opportunity to enter to win an exclusive autographed National Team Jersey signed by its members.

Canada's top mountain bike riders, including Rio Bronze Medalist Catharine Pendrel, have been training regularly at Bear Mountain Resort this fall and winter. The Resort, which uniquely offers year-round training opportunities on Canadian soil, is playing a key part in Cycling Canada's long-term athlete development plans.

Proceeds from the social event will be invested in Cycling Canada's National Mountain Bike Team program, both at the elite level as well as Junior and Under 23. All contributions will directly benefit Canada's athletes in their pursuit of the podium in 2019 while also supporting the next generation of champions targeting 2020 and beyond.

- WHAT: Cycling Canada "Meet the Racers" Social
- WHERE: The Westin Bear Mountain Resort, Victoria, BC
- WHEN: Saturday, March 30<sup>st</sup> 7:00pm to 10:00pm
- **WHO:** Canada's National Mountain Bike Team

TICKETS: Free Admission. Drink and Food Specials will be presented during the event.















## **Anti-doping**



Cycling Canada's RaceClean program aims to address and recognize the importance of fair play, clean sport, and the obligation racers have to compete within the rules. It is our hope that all Canadian athletes respect the rules which include not using prohibited substances or practices. For more information on Cycling Canada's Race Clean program, including athlete/coach resources, click <a href="here">here</a>.

As this event is fully sanctioned through Cycling Canada and the UCI, all participants in possession of a UCI license are subject to doping control under the UCI's rules and guidelines. It is the riders' and team managers' responsibility to understand these rules. The doping control station at the venue will be clearly marked. Athletes who are selected for testing will be met at the finish line by a chaperone. All athletes who DNF must report to the finish line.

### **Event Partners**



ECOASIS



Situated in the foothills of Mount Finlayson with breathtaking views of Victoria's seaside harbour, Bear Mountain Resort offers the best of both worlds: an idyllic 836 acre natural setting located only minutes from the allure of the province's charming capital city. In a spot that only nature could have conceived, Bear Mountain Resort is a rugged and verdant mountainside landscape with vistas of the Olympic Mountain Range, the Strait of Georgia and the Strait of Juan de Fuca.

Ecoasis specializes in land acquisition and development of residential and resort real estate; signature properties that for the benefit of stakeholders and the surrounding communities.

Cycling Canada is the National Sport Organization which proudly represents the sport of Cycling in Canada.





















Langford is the urban core of the West Shore, also known as the Western Communities. We are a young, growing community of over 25,000 with ambition and a modern, West Coast style. With all that Langford has to offer residents, there is no better place in which to live the lifestyle of your choosing than the City of Langford

The Greater Victoria Sport Tourism Commission is a not-forprofit entity dedicated to increasing the quality and quantity of sport related events and activities hosted in Greater Victoria. The structure of our model is based on best practices learned from leading sport tourism destinations from around world..

Powerade was first introduced in 1988 to compete with Gatorade in sports drink sales. During that same year, Powerade became the official sports drink of the Olympics. Since it was first introduced in 1988, Powerade has become the official sports drink of the Australian, New Zealand, and Ireland rugby teams, the AFL, PGA Tour, NASCAR, NHRA, NCAA, the U.S. Olympic Team (excluding basketball and soccer, which have deals with Gatorade) and several other leagues and organizations around the world.









